



WELCOME BPR SOCCER COACHES!

Thank you for volunteering!

FUN FACTS!

BPR Soccer started in 2010.

Over 50,000 kids have played in the program since!

This Fall 2025 we have 1,800 players and 132 teams

Thank you for coaching and all you do to develop your players' love for the game by bringing the best soccer experiences to Bentonville Parks and Recreation Soccer!

Goal of BPR Soccer

To develop the love of the game for our players through participation, skill development, sportsmanship, and FUN!



Who brings the best soccer experiences to BPR Soccer?

How do we bring the best soccer experiences to BPR Soccer?

What creates a great experience?



Important Dates:

- ▶ Wednesday, August 13 - Roster emailed to you
- ▶ Schedules are Posted Online www.playbentonville.com
- ▶ Thursday, August 14 - Coaches Drive-Thru
Uniforms and Equipment for all teams will be available for pick up at the Memorial Park Soccer Complex from 5:00-7:00pm.
- ▶ By Friday, August 15 - Please Contact parents (phone call).
- ▶ Saturday, August 16 - Soccer Kicks Off with the First Practice!



BPR Volunteer Rules

► Background Check:

- Every volunteer must submit and pass a background check before becoming an approved coach.
- Background checks are good for one calendar year.

► Coaching Application:

- Every volunteer coach submits a coaching application.

► Coach ID Badge:

- All volunteers must have Coach ID badge on at all times when coaching. This shows you have passed a BGC and are a certified volunteer with BPR.
- Please come to the Bentonville Community Center before the season starts to pick up your **BLUE Coach ID Badge**.
- Recruiting Parents on your team is encouraged if needed!



Game Format, Rosters and Uniforms

- ▶ **U5 & U6** - Play 4 v 4 games with 8 kids on a roster.
- ▶ **U7 & U8** - Play 5 v 5 games with 10 kids on a roster.
- ▶ **U9/U10/U12/JRH** - Play 9 v 9 games with 14-16 kids on a roster.

Uniforms

- ▶ Every player will receive a uniform that includes their jersey, shorts and socks.
- ▶ Coaches will receive a team pack with uniforms of the most popular sizes.
- ▶ Please hand out your team's uniforms at the first practice.
- ▶ If a player needs a size that is not included, we can place a special order (takes 3-4 weeks to deliver).



Game length

► U5 & U6:

- 4 - 8-minute quarters (NO Goalie)

► U7 & U8:

- 4 - 10-minute quarters (NO Goalie)
- No Defender Zone

► U9 & U10:

- 2 - 25-minute halves (Referee & Goalie)

► U12 & Junior High:

- 2 - 30-minute halves (Referee & Goalie)



Season Schedule

- Each team will play 8 games
- Teams play one day per week plus Saturday
- Practices and games are pre-scheduled for you
- BYE Teams - please check schedule closely
- Coaches and players on one side of field
- Parents/Spectators on the opposite side

Rainouts

- ▶ On playbentonville.com, you can go to “Current Field Status” and sign-up for “Status Me” emails or text messages for updates!

On days in question for practices or games:

- ▶ **Weekdays** - We will make the call around **3:00PM** if practices or games will be cancelled.
- ▶ **Saturdays** - We will make the call around **7:30AM** that morning
- ▶ **Game Time Decision** - Games still subject to being cancelled prior to start time
- ▶ Practices will not be made up. We will work to reschedule games when possible.

Field Reservations

- ▶ You may reserve fields for extra practices on any nights that fields are available.
- ▶ For field availability, please call the Bentonville Community Center:
 - ▶ Front desk: (479) 696-0200
 - ▶ Chris Cuchia: (479) 418-7133
 - ▶ Email: ccuchia@bentonvillear.com
- ▶ Pricing: BPR Soccer Coaches reserve fields for free!



Coaching Clinic

- ▶ Date: Thursday, August 14
- ▶ Location: Memorial Park Soccer Complex
- ▶ Address: 1600 John Deshields Blvd.
- ▶ Time: 6:00-7:00pm

Clinic will focus on beginner level coaching fundamentals and will be great for new coaches!



Coaching Resource Center

- ▶ Created to help you be the best coach you can be!
- ▶ Available at www.playbentonville.com on the left of the soccer homepage.
- ▶ Website has age specific and universal coaching tools
 - ▶ 1. Crash Courses in coaching
 - ▶ 2. Coaching Tips
 - ▶ 3. Practice examples for specific age groups
 - ▶ 4. Fun games to play during practice
 - ▶ 5. Practice Plans
 - ▶ 6. US Soccer Coaching Certification Courses



Crash Course in Coaching!

- **“Play-Practice-Play” Coaching Technique** – PPP is to allow players to experience the game and game-like situations as much as possible. This approach differs from traditional practice that have players standing in lines, running laps and participating in drills that don’t resemble the game of soccer. When players arrive to practice, players engage in small-sided games (2v2, 3v3, 4v4) with the primary focus on having fun! Then move to targeted, specific practice activities, and finish with scrimmages. To learn more, please visit:
<https://www.ussoccer.com/stories/2018/02/five-things-to-know-about-playpracticeplay>

- **5 Elements of a Training Activity**
Organized / Game-Like / Repetition / Challenging / Effective Coaching
- **Coaching Tools**
Guided Questions / Key Words / Demonstrations / Freeze Moments / Coaching in the Flow
Demonstrations – “a picture is worth a thousand words”
- **Guided Questions**
 - a. Get players thinking about how they can successfully reach the goal of the training session by asking open ended questions (How, Why, What, Where, When) that guide players to the answer, not giving them the answers. Listen to and guide your players to the answers.
 - b. “How can you...”, “What would work well...”, “When should you...”

MLS GO PLAYBOOK

► <https://www.mlssoccer.com/mlsgo/playbook/>

- Welcome to the MLS GO PLAYBOOK! The PLAYBOOK is tailored exclusively to MLS GO as a free tool for coaches of all skill levels to step onto the field and guide a team and player to a successful season.
- Each learning manual is designed to be age specific and encourages coaching in a positive way to keep kids engaged and help them learn the game.
- The training sessions have been built with the objective of developing technical, tactical, physical, and mental skills for children. Through MLS GO and the content within the PLAYBOOK, kids will have fun, build self-confidence, and develop a love for the game.

Chris Cuchia

Recreation Supervisor

- ▶ If you have any questions, please feel free to call or email me!
- ▶ ccuchia@bentonvillear.com
- ▶ [479-418-7133](tel:479-418-7133)
- ▶ THANK YOU for volunteering to coach with BPR Soccer!

